



National Coaching Conference March 16/17/18
(National Squash Centre, Auckland)

Event fee \$95:00 p.p. covers the conference, accommodation and lunch Saturday and Sunday

Conference Leader: Glen Wilson

Presenters: Glen Wilson, Manu Yam, Rodney Bannister, Greg Owen, Graeme Randolph, Jason Fletcher, Kashif Shuja, Shelley Kitchen, John Duggan, Nick Mita, Robbie Wyatt, Stafford Murray, Peter Mischefski

Camp Theme Connecting Coaches
Camp Focus Athlete Focused ("It's all about the Kids")

Friday March 16

2:00	Welcome	
2:15	Leadership	Jason Fletcher
3:00	Attacking Short from the Middle	Glen Wilson
3:45	Under Pressure Performance	Kashif Shuja
4:30	Pressure Feeding Ideas	Manu Yam
5:15	Wrap	
6:30	Dinner	TBD

Saturday March 17

8:45	Welcome	
9:00	High Performance Presentation	Shelley Kitchen
9:45	Junior Profile	Manu Yam
10:30	Error Detection	Robbie Wyatt
11:00	Match Play Session	Glen Wilson
11:30	Grassroots Coaching	Rodney Bannister
12:15	lunch	
1:15	Strength and Conditioning	Greg Owen
2:00	How Analysis can help the Coaching Process	Stafford Murray
2:45	Balance for Power and Control	Nick Mita
3:30	World Champion Training Plan	Kashif Shuja
4:15	Coaching Group Discussion	Open to The Floor
5:00	Wrap	
6:30	Dinner	TBD

Sunday March 18

8:45	Introduction	
9:00	Sport Psychology-The Next Step	Peter Mischefski
9:45	Club Fitness Programming	John Duggan
10:30	Junior Development Training	Graeme Randolph
11:15	Court Sense	Nick Mita
12:00	Footwork/Movement/Rhythm	Glen Wilson
12:45	Lunch-Depart	

To register contact Glen Wilson, SNZ Coaching Manager:
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